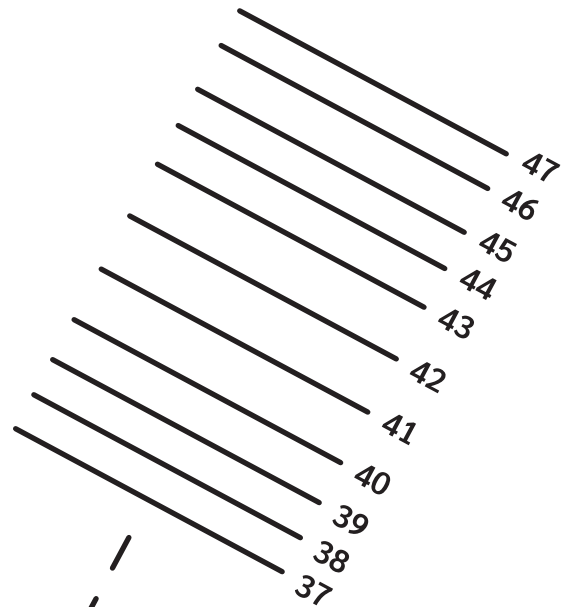




minimas

Sizing guide

1. Print the template 100% without margins.
2. Check that the scale is correct.
3. Fold the dotted line and against the wall.
4. Place your heel on the mark and extend your foot as far as possible. Choose the size that leaves some space. If in doubt choose the longest.
5. If you know the length of your foot, add at least 5 mm. and choose according to the table.



Extend your foot
and choose your size

Sizes and measure insole in cms.

Size	Cms.
37	24
38	24,5
39	25
40	25,6
41	26,3
42	27,2
43	28
44	28,5
45	29
46	29,7
47	30,2

Adjust your heel here

Fold the dotted line

Check with a ruler (measured in centimeters)

